

Jembatan: Developing a replicable model and practical tool for integrating  
infertility in Sexual and Reproductive Health and Rights (SRHR) plans and  
programmes

Report of workshop 3



The report is prepared by **ResultsinHealth**  
December, 2018

## Table of Contents

---

1. The Jembatan Project	3
2. Workshop 3 Jembatan Project	4

## 1. The Jembatan Project

Infertility is highly prevalent in the Global South, including in Indonesia, and has a devastating impact on those affected. The Programme of Action (PoA) of the International Conference on Population and Development (ICPD) (United Nations, 1994) —and since then various other international organizations, like WHO (2017) and Guttmacher (2018) —have called for including prevention and treatment for infertility in SRHR plans and programs. Nevertheless, typically, donors, policy-makers and NGOs focusing on SRHR neglect the issue.

Research shows that non-governmental organizations (NGOs) focusing on SRHR engage pay hardly any attention to the problem of sub- or infertility, neither do they collaborate with support groups of clients at infertility clinics. From University van Amsterdam (UvA) previous project with Share-Net Small Grant in Ghana and Kenya, we have learned that these support groups are keys in providing information on infertility and counselling and to address the stigma associated with infertility. Research also shows that health related support groups have an excellent track record of positively influencing NGOs.

To address this gap, ResultsInHealth together with UvA; PKBI Yogyakarta; Permata Hati Clinic infertility support group; and the Share-Net Infertility Working Group will work together in a project called Jembatan. Jembatan is a project to develop a (replicable) model and practical tool for integrating infertility in Sexual and Reproductive Health and Rights (SRHR) plans and programmes. Jembatan is intended to stimulate exchange and collaboration between infertility support groups and NGOs focusing on SRHR with the goal of up scaling and improving interventions addressing infertility. Specifically, Jembatan will promote collaboration between PKBI Yogyakarta and the Permata Hati infertility clinic support group. In detailed, there are 4 objectives of this project as stated below:

- Develop learning and knowledge exchange and collaboration between PKBI Yogyakarta and the Permata Hati infertility clinic support group.
- Document the experiences, practices and knowledge shared as well as the processes of cross-learning and collaboration between PKBI Yogyakarta and the infertility support group and translate the findings into a practical model.
- Develop a tool in Indonesian and in English for integrating infertility in SRHR plans and programmes, based on the practical model developed.
- Widely disseminate the findings of the project and the tool.

To achieve the above objectives, several activities will be carried out as described below:

- Desk study of experiences and lessons learnt on the operations of support groups.
- Participatory workshops between senior staff of PKBI Yogyakarta and members of the infertility group to: exchange information on and experiences of infertility (including in the context of broader SRHR issues) and access to services; assess needs and opportunities for joint work; delineate ways of working; and define concrete actions.
- Monitor and document processes and results from the workshops as well as joint activities between meetings.
- Develop plan of action for continuing collaboration
- Produce and disseminate a tool in Indonesian and in English outlining in practical terms how to integrate infertility in SRHR plans and programmes.

The timeframe for this project is 5 months (from 1 July until November 23, 2018). At the end of the project, we hope that: PKBI Yogyakarta will include services for people affected by infertility in their future plans and programmes and the Permata Hati infertility clinic support group can strengthen and expand their interventions. These exchange and collaboration will be based on the approach/method developed by the UvA and Workgroup Infertility team and will be documented to produce the tools for integrating infertility in SRHR plans and programmes.

## 2. Workshop 3 Jembatan Project

At the end of workshop 2 the core group of jembatan project met to discuss the next steps. The core group were representatives from Pejuang Tangguh Permata Hati (PTPH), Permata hati (PH) Clinic , PKBI DIY and RiH. During this meeting, each group indicated their plan as the jembatan project is nearing its ends.

The representatives of the Support group Pejuang Tangguh Permata Hati (PTPH) mentioned the following:

- Format of organization: After discussing it with the members of the support group, it was decided that for now the group will remain as an informal organization (no legal entity). However, as a group, they would like to be acknowledged by the Permata Hati clinic and Sardjito general Hospital. In this way they hope that the PH Clinic and or the Sardjito General hospital would be willing to accommodate their needs. In the near future, they would like to ask the PH clinic to hold a seminar on the medicines used in the infertility treatment programme.
- Information for new member – The PTPH plan to make a short manual on basic information about ART and the PH clinic for new members.
- Communication within the group – At the moment, the group is communicating via WhasApps and Facebook. However, the current channel of communication does not allow formation of sub-group or provision of documents. The intention is to use “Telegram”, as telegram allows the formation of subgroup and provision of documents.
- There are various dynamics within the group, e.g. some members move into ideological
- They would like to involve men in the supporting group

The representatives from PKBI DIY mentioned the following next steps:

- To realize the plan to include the issue of infertility into their radio programme. This plan did not take place yet due to poor coordination on this particular activity.
- PKBI plans to establish a referral systems for clients with infertility issues from the clinic at PKBI to Permata Hati Clinic
- To include the issue of infertility in their health education activities (local campaign) and the social media of PKBI DIY.
- To offer members of the PTPH to make use the services of the clinic at PKBI DIY and to start working together.

Permata Hati Clinic mentioned the following next steps:

- The clinic would like to have a wider engagement and involve more people from the Permata Hati clinic and Sardjito General Hospitals
- The Clinic intent to facilitate and support the PTPH support group to organize seminar on clinical issues on infertility